



THE
ROBERT DRAKE
PRIMARY SCHOOL

CURRICULUM MAP FOR P.H.S.E.

EYFS - The Relationships curriculum spans the whole year using the Development Matters statements which is integral to all learning every day.

Year Group	Autumn Term	Spring Term	Summer Term
EYFS	<u>Families and People who Care about Us</u> Special Different & Unique- Protective Characteristic Happy families <u>Caring Relationships</u> Making Friendships- Protective Characteristic- religion and belief/race Playing in a Group Friendly Behaviour- British Values- Mutual respect Collaborative Play <u>Being Safe</u> Rules and boundaries in school- British Value-Rule of Law <u>Respectful, Kind Relationships</u> Becoming Independent and Self-Aware	<u>Online Safety and Awareness</u> E-safety- Logging on Who go to for help online <u>Respectful, Kind Relationships</u> Managing our feelings and emotions and of others Different families- Protective Characteristic- sex & disability/British Value- Tolerance <u>Caring Relationships</u> Positive friendships Collaborative Play- British Values- Mutual respect <u>Understanding the World</u> People and Events Special to Us	<u>Being Safe</u> Personal space and body Staying Healthy Rules and Consequences <u>Families and People who Care about Us</u> Marriage- Protective Characteristic- marriage <u>Caring Relationships</u> Characteristics for friendships- Protective Characteristic- age/British Values- Mutual respect <u>Respectful, Kind Relationships</u> Sense of self- British Value- Democracy/Individual Liberty Speaking Out Expressing Ourselves <u>Online Safety and Awareness</u> Understanding about not talking to strangers online What details to share online Talking to adults when something upsets them
Years 1 and 2	<u>Families and Friendships</u> Roles of Different People in the Family and Feeling Cared for Balancing needs and wishes of different people <u>Safe Relationships</u> Recognising Privacy Asking Permission	<u>Belonging to a Community</u> What Rules Are Caring for Others Looking After the Environment <u>Money and Work</u> Strengths and Interests Jobs in the Community	<u>Physical Health and Mental Wellbeing</u> Keeping Healthy Food and Exercise Sun Safety <u>Growing and Changing</u> Recognising What Makes Us Unique and Special Managing When Things Go Wrong

	<u>Respecting Ourselves and Others</u> How Behaviour Affects Others Being Polite and Respectful Computing Curriculum – Friendship boundaries when online.	Computing Curriculum – Social Media (Roblox)	<u>Keeping Safe</u> How Rules and Age Restrictions Help Us Link to social media
Years 3 and 4	<u>Families and Friendships</u> What Makes a Family and Features of Family Life <u>Safe Relationships</u> Personal Boundaries The Impact of Hurtful Behaviour Restoring violence is never right. <u>Respecting Ourselves and Others</u> Recognising Respectful Behaviour The Importance of Self-Respect and Being Polite	<u>Belonging to a Community</u> The Value of Rules and Laws Freedoms and Responsibilities <u>Money and Work</u> Different Jobs and Stereotypes Setting Personal Goals Computing Curriculum - Where to speak to an adult and go to for advice.	<u>Physical Health and Mental Well-being</u> Healthy Choices and Habits What Affects Feelings <u>Growing and Changing</u> Personal Strengths and Achievements Managing and Re-Framing Setbacks <u>Keeping Safe</u> Risks and Hazards Safety in the Local Environment and Unfamiliar Places
Years 5 and 6	<u>Mental Health and Wellbeing</u> Noticing and naming emotions How to deal with worries and reactivity <u>Changes in Puberty</u> Puberty changes and becoming independent <u>Respecting Boundaries – Year 5</u> Personal boundaries and appropriate and inappropriate touch	<u>Positively Engaging with our World</u> Understanding that news is targeted and can sometimes be fake <u>Looking to the future</u> Exploring jobs and choosing a career – <u>careers day</u>	<u>Embedding Healthy Habits and Learning First Aid – year 5</u> Recognise health habits <u>Safe Connections – year 5</u> Stay safe and manage risks online Computing Curriculum - CEOP, Digital Footprint and Social Media Computing Curriculum - Location Settings <u>Transition – for year 6 only</u> Moving to secondary school

Cycle B

EYFS - The Relationships curriculum spans the whole year using the Development Matters statements which is integral to all learning every day.

Year Group	Autumn Term	Spring Term	Summer Term
EYFS	<u>Families and People who Care about Us</u> Special Different & Unique- Protective Characteristic Happy families <u>Caring Relationships</u> Making Friendships- Protective Characteristic- religion and belief/race Playing in a Group Friendly Behaviour- British Values- Mutual respect Collaborative Play <u>Being Safe</u> Rules and boundaries in school- British Value-Rule of Law <u>Respectful, Kind Relationships</u> Becoming Independent and Self-Aware	<u>Online Safety and Awareness</u> E-safety- Logging on Who go to for help online <u>Respectful, Kind Relationships</u> Managing our feelings and emotions and of others Different families- Protective Characteristic- sex & disability/British Value- Tolerance <u>Caring Relationships</u> Positive friendships Collaborative Play- British Values- Mutual respect <u>Understanding the World</u> People and Events Special to Us	<u>Being Safe</u> Personal space and body Staying Healthy Rules and Consequences <u>Families and People who Care about Us</u> Marriage- Protective Characteristic- marriage <u>Caring Relationships</u> Characteristics for friendships- Protective Characteristic- age/British Values- Mutual respect <u>Respectful, Kind Relationships</u> Sense of self- British Value- Democracy/Individual Liberty Speaking Out Expressing Ourselves <u>Online Safety and Awareness</u> Understanding about not talking to strangers online What details to share online Talking to adults when something upsets them
Years 1 and 2	<u>Families and Friendships</u> Making Friends Boundaries when playing (space, toys and resources) Feeling Lonely and Getting Help <u>Safe Relationships</u> Managing Secrets Recognising Hurtful Behaviour Recognising who to trust and who not to trust and when a relationship is harmful and dangerous. <u>Respecting Ourselves and Others</u>	<u>Belonging to a Community</u> Belonging to a Group Being the Same and Different in the Community <u>Money and Work</u> What Money is and Looking After It Needs and Wants	<u>Physical Health and Mental Well-being</u> Why Sleep is Important Medicines and Keeping Healthy Keeping Teeth Healthy Managing Feelings and Asking for Help <u>Growing And Changing</u> Growing Older and Moving Class Naming Body Parts <u>Keeping Safe</u> Safety in Different Environments Safety at Home

	Playing and Working Cooperatively Other Points of View		Emergencies
Years 3 and 4	<u>Families and Friendships</u> Positive Friendships Feeling Lonely is okay Sometimes we don't get on with friends <u>Safe Relationships</u> Responding to Hurtful Behaviour How to manage disappointment and frustration Managing Confidentiality Recognising Risks <u>Respecting Ourselves and Others</u> Respecting Differences and Similarities Discussing Difference Sensitively Computing Curriculum- Digital Footprint	<u>Belonging to a Community</u> What Makes a Community Shared Responsibilities <u>Money and Work</u> Making Decisions About Money Using and Keeping Money Safe Computing Curriculum - How to report and dangers of sharing content.	<u>Physical Health and Mental Well-being</u> Maintaining a Balanced Lifestyle and Making Healthy Choices <u>Growing and Changing</u> Personal Hygiene Routines Physical and Emotional Changes <u>Keeping Safe</u> Medicines and Household Products Drugs Computing Curriculum – Social Media
Years 5 and 6	<u>Friendships, stereotypes and bullying</u> Respectful relationships and what pupils can do about bullying <u>Changes in Puberty</u> Puberty changes and becoming independent <u>Respecting Boundaries – Year 5 (Year 6 to complete this for 2026 only)</u> Personal boundaries and appropriate and inappropriate touch Difference between being assertive and controlling	<u>Managing Money and Online Spending</u> Economic wellbeing and online financial harms <u>Mental Health and Wellbeing</u> Mental health and self-regulation strategies	<u>Drug Education: assessing risk and managing influences – year 6</u> The risk and effects of legal and illegal drugs <u>Developing our AI Literacy</u> Understanding AI <u>Transition – for year 6 only</u> Moving to secondary school

Throughout both cycles, pupils will cover the following elements in online safety lessons which take place once each half-term:

Media Literacy and Digital Resilience

Using the internet and digital devices; communicating online. The internet in everyday life; online content and information.
 Consent is taught through every-day life in school as well as specific lessons.