## Week Three - Dishes and their allergen content

(Note - Please state the name of the cereal(s) containing gluten* and/or the name of the nut(s) ${ }^{\dagger}$ )

| Dishes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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|  | Celery | Cereals containing gluten* | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts ${ }^{\dagger}$ | Peanuts | Sesame seeds | Soya | Sulphites |
| Beef Burger in a Bun |  | $\checkmark$ |  |  |  |  |  |  |  |  |  | $\checkmark$ * | $\checkmark$ |  |
| Quorn Burger in a Bun |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  | $\checkmark$ * |  |  |
| Filled Jacket potato |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Oven Baked Potato Wedges |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sweetcorn |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Baked beans |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Ice Cream |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Fruit Salad |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Yogurt |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |



| Dishes |  |  |  | $\sqrt[n]{m}$ | $\underbrace{\text { 而正 }}$ |  |  |  | $\square$ |  | $080$ |  |  | $S^{m}$ |
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|  | Celery | $\begin{gathered} \text { Cereals } \\ \text { containing } \\ \text { gluten } \end{gathered}$ | Crustacean s | Eggs | Fish | Lupin | Milk | Mollusc | $\begin{gathered} \text { Mustar } \\ \mathbf{d} \end{gathered}$ | Nuts ${ }^{\dagger}$ | Peanuts | Sesame seeds | Soya | Sulphites |
| Roast Turkey |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Yorkshire Pudding |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Gravy |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Veggie Sausage |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cabbage |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Peas |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chocolate <br> Krispie Cake |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
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| Dishes |  |  |  |  | $\underbrace{\substack{\text { tili } \\ E^{\circ}}}_{=1}$ |  |  |  |  |  |  |  |  |  |
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|  | Celery | Cereals containing gluten* | $\begin{gathered} \text { Crustacean } \\ s \end{gathered}$ | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts ${ }^{\dagger}$ | Peanuts | Sesame seeds | Soya | Sulphites |
| Wholewheat Pasta Bolognaise |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Tomato Pasta |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Garlic Bread |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Cauliflower |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vanilla <br> Butterfly Cake |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Golden Fish Fingers |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |
| Mushroom Crown Pasty |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Chipped <br> Potatoes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Peas |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Viennese Biscuits |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
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|  |  |  | Jacke | ato Filli | - Cheese | *May Cont (dairy), Bak | Beans, | (Fish, E | g, Must |  |  |  |  |  |

