## Week Two - Dishes and their allergen content

(Note - Please state the name of the cereal(s) containing gluten* and/or the name of the nut(s) ${ }^{\dagger}$ )

| Dishes |  |  | 为 | n |  |  |  |  |  |  | ORO |  | 088 | $\int^{\text {mex }}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts ${ }^{\dagger}$ | Peanuts | Sesame seeds | Soya | Sulphites |
| Pasta |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese Sauce |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Tomato Sauce |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Filled Jacket Potato * |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Garlic Bread |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Sweetcorn |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Broccoli |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Ice Cream |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Fresh Fruit |  |  |  |  |  |  |  |  |  |  |  |  |  |  |


| Dishes |  |  |  |  |  |  |  |  |  |  | ORO |  | $0889$ |  |
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|  | Celery | Cereals containing gluten* | Crustacean <br> s | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts ${ }^{\text {t }}$ | Peanuts | Sesame seeds | Soya | Sulphites |
| Yogurt |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Sausage in a roll |  | $\checkmark$ |  |  |  |  |  |  |  |  |  | $\checkmark^{*}$ |  | $\checkmark$ |
| BBQ Sauce |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Veggie <br> Sausage in a <br> roll |  | $\checkmark$ |  |  |  |  |  |  |  |  |  | $\sqrt{*}$ |  |  |
| Crispy Cubed Potaoes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Baked Beans |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Caulliflower |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Shortbread Biscuit |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
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| Dishes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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|  | Celery | Cereals containing gluten* | Crustacean s | Eggs | Fish | Lupin | Milk | Mollusc | Mustar d | Nuts ${ }^{\dagger}$ | Peanuts | Sesame seeds | Soya | Sulphites |
| Roast Gammon |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Yorkshire Pudding |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Gravy |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Ratatouille Puff |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Roast <br> Potatoes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Peas |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Carrots |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Jelly with Topping |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |


| Dishes | $\sqrt{3}$ |  |  |  | $\underbrace{\frac{\pi}{E_{0}^{\circ}}}$ |  |  |  |  |  | $0$ |  | $\underbrace{08}_{0}$ | $\int^{9}$ |
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|  | Celery | Cereals containing gluten* | Crustacean s | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts ${ }^{\dagger}$ | Peanuts | Sesame seeds | Soya | Sulphites |
| Greek Meat Balls |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Tomato Sauce |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Tzatziki |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Veggie Meatballs |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |
| Rice |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fruit Crumble |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Custard |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Battered Fish Fillet |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |
| Cheese \& Broccoli Quiche |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Chipped Potatoes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Peas |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Jaffa Chocolate Sponge |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |



