Week One – Dishes and their allergen content

(Note – Please state the name of the cereal(s) containing gluten* and/or the name of the $nut(s)^{\dagger}$)

Dishes						Jupin Flour	Milk		MUSTARD			NI N		WNE
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphites
Macaroni Cheese		✓					✓							
Chicken Goujons	√ *	√					√ *		√ *				√ *	
Jacket Potato														
Crispy Cubed Potatoes		√												
Peas														
Cauliflower														
Ice Cream							√							
Yogurt							√							
Fresh Fruit														

Dishes						Lupin Flour	Milk		MUSTARD			WEAMAN ON		WINE Soor
	Celery	Cereals containing gluten*	Crustacean s	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphites
Mince Beef & Pepper Taco		-												
Veggie Mince & Pepper Taco														
Jacket Potato														
Rice														
Sweetcor n														
Tomato Salsa														
Chocolate Brownie		√		√										

Dishes						Jupin Flour	Milk		MUSTARD			MILAM		Beer WNE
	Celery	Cereals containing gluten*	Crustacean s	Eggs	Fish	Lupin	Milk	Mollusc	Mustar d	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphites
Roast Chicken														
Yorkshire Pudding		√		√			√							
Gravy		V												
Roast Potato														
Carrots														
Cabbage														
Vegetable Frittata				√			√							
Fruit Jelly														

Dishes						Lupin	Milk		MUSTARD			The state of the s		aae WNE
	Celery	Cereals containing gluten*	Crustacean s	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphites
BBQ Ham Pizza		√					✓						√	
Cheese & Tomato Pizza		√					√						√	
Pasta Salad		√		√					√					
Homemad e Coleslaw				√					✓					
Apple & Cinnemon Muffin				√			√							
Dishes						Lupin Flour	Milk		MUSTARD			MAM		See Wine
	Celery	Cereals containing gluten*	Crustacean s	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphites
Fish Fingers		√			√									

Veggie Nuggets							
Chipped Potato							
Baked Beans							
Oat Cookie	√						

*May Contain

Jacket Potato Fillings – Cheese (dairy), Baked Beans, Tuna Mayonaise (Fish, Egg, Mustard)