



THE
ROBERT DRAKE
PRIMARY SCHOOL

CURRICULUM MAP FOR P.E.

The school uses 'Get Set 4 PE' to support teaching and learning in this subject.

Cycle A

Year Group	Autumn Term	Spring Term	Summer Term
EYFS (Physical Development)	Gross Motor Skills : Introduction to P.E Unit 1 : Stopping And Starting and Sharing Equipment Gymnastics Unit 1 & 2 : Basic Movements, Shapes and Balances Ball Skills Unit 1 : Rolling, Throwing, Bouncing and Catching	Gross Motor Skills : Introduction to P.E Unit 2 : Simple Games and Rules Dance Unit 1 & 2 : Travelling Movements, Shapes and Balances Fundamental Movements P.E Skills Unit 1 : Balancing, Running and Changing Direction	Gross Motor Skills : Games : Unit 1 & 2 Score and Play By The Rules, Work With a Partner and Play As a Team Ball Skills Unit 2 : Dribbling with Feet and Kicking Fundamental Movement P.E Skills Unit 2 : Travelling and Changing Direction
	Fine Motor Skills : Manipulating Malleable Materials Forming Letter Family Patterns Colouring Skills Cutting Straight Lines	Fine Motor Skills : Lower Case Letter Formation Drawing People Cutting Around Straight Edge Shapes	Fine Motor Skills : Lower Case and Upper Case Letter Formation Drawing Objects from Observation Cutting Around Curved Edges

<p>Years 1 and 2</p>	<p>Ball Skills Unit 1 : Co-Ordination and Technique when Rolling, Dribbling, Kicking and Catching Fundamental Movement P.E Skills Unit 1 : Balancing, Running, Changing Direction, Jumping, Hopping and Skipping; Use Skills in Isolation and Combination Gymnastics Unit 1 : Jumping, Rolling, Travelling and Balancing; Building Short Sequences and Combinations when Travelling and Balancing Team Building Unit 1 : Learning to Take Turns, Work Collaboratively and Lead each Other</p>	<p>Dance Unit 1 : Travelling Actions, Movement Skills and Balancing Fitness Unit 1 : Complete Challenges to Promote Healthy Lifestyles Sending and Receiving Unit 1 : Throwing and Catching, Rolling, Kicking, Tracking, Stopping with Different Sized Balls Target Games Unit 1 : Under Arm and Over Arm Actions</p>	<p>Net and Wall Games Unit 1 : Throwing, Catching and Racket Skills, Learning to Track and Hit a Ball Invasion Games Unit 1 : Sending, Receiving and Dribbling a Ball Athletics Unit 1 : Throw Towards a Target, Running at Different Speeds Striking and Fielding Unit 1 : Throwing and Catching, Stopping a Rolling Ball, Retrieving a Ball and Striking a Ball</p>
<p>Years 3 and 4</p>	<p>Athletics Unit 1 : Jumping for Distance, Relay Running, Adapting Throwing Technique for Accuracy and Distance Fundamental Movement P.E Skills Unit 1 : Balancing, Running, Changing Direction, Jumping, Hopping and Skipping; Dance Unit 1 : Create Dances to an Idea Outdoor Adventurous Activities Unit 1 : Develop Problem Solving Skills, Work as a Pair and Small Group To Plan, and Solve Problems, Orientate</p>	<p>Gymnastics Unit 1 : Rolling, Jumping, Balancing Using Matching and Contrasting Actions and Shapes Fitness Unit 1 : Exercise with Control, Show Balance when Changing Direction Tennis: Ready Position, Racket Control, Forehand and Backhand Ground Strokes, Scoring, Use Strategies and Tactics to Outplay the Opposition</p>	<p>Swimming Unit 1 : Travel, Float and Submerge with Increasing Confidence, Use Different Kicking and Arm Actions, Introduction to Some Personal Survival Skills and How to Stay Safe Around Water Handball : Throwing, Catching, Dribbling, Shooting and Principles of Defending and Attacking. Pupils will Use their Attacking Skills to Maintain Possession in Game Situations</p>

	<p>a Map, Identify Key Symbols and Follow Routes</p>	<p>Football : Defending, Attacking, Sending, Receiving and Dribbling a Ball</p>	<p>Cricket : Strike the Ball, Scoring Runs, Fielding, Use Skills, Strategies And Tactics to Outplay the Opposition</p>
<p>Years 5 and 6</p>	<p>Basketball : Defending, Attacking, Throwing, Catching, Dribbling, Shooting, Use Defending Skills to Gain Possession, Work Collaboratively to Use Skills, Strategies and Tactics to Outplay the Opposition</p> <p>Fitness Unit 1 : Find the Best Pace and Understand the Components of Fitness</p> <p>Gymnastics Unit 1 : Cannon and Sequences, Matching and Mirroring</p> <p>Outdoor Adventurous Activities Unit 1 : Work Individually, Collaboratively in Pairs and Groups to Solve Problems, Share Ideas to Create Strategies and Plans to Produce the Best Solution to a Challenge, Lead Groups and Utilise Negotiation Skills, Orientate and Navigate Using a Map</p>	<p>Dance Unit 1 : Learning Different Styles of Dance</p> <p>Football : Dribbling, Passing and Receiving a Ball, Basics of Goalkeeping, Evaluate Their Own and Other's Performances, Suggesting Improvements, Importance of Fair Play and Abiding by the Rules</p> <p>Badminton : Racket Control, Serving and Hitting Over a Net, Ready Position, Continuous Rallies</p> <p>Tag Rugby : Defending, Attacking, Throwing, Catching, Running, Dodging, Use Width and Drawing Defence, Tag, Track and Slow Down an Opponent</p>	<p>Athletics Unit 1 : Control a Jump at Take-Off and Landing, Use the Correct Pace when Running, Develop Skills for Throwing at Distance</p> <p>Cricket : Learn the Role of the Bowler, Wicket Keeper, Fielder and Batter, Use Skills, Strategies and Tactics to Outplay the Opposition</p> <p>Rounders Unit 1 : Fielding Skills, Throwing Underarm and Overarm, Catching and Retrieving a Ball, Use Skills, Strategies and Tactics to Outplay the Opposition</p> <p>Golf : Striking, Chipping, Putting, Develop Coordination, Accuracy and Control of Movements</p>

Cycle B

Year Group	Autumn Term	Spring Term	Summer Term
EYFS (Physical Development)	Gross Motor Skills : Introduction to P.E : Stopping and Starting and Sharing Equipment Gymnastics : Basic Movements, Shapes and Balances Ball Skills : Rolling, Throwing, Bouncing and Catching	Gross Motor Skills : Introduction to P.E- Simple Games and Rules Dance : Travelling Movements, Shapes and Balances Fundamental Movements P.E Skills : Balancing, Running and Changing Direction	Gross Motor Skills : Games : Score and Play by the Rules, Work With a Partner and Play as a Team Ball Skills : Dribbling with Feet and Kicking Fundamental Movement P.E Skills : Travelling and Changing Direction
	Fine Motor Skills : Manipulating Malleable Material Forming Letter Family Patterns Colouring Skills Cutting Straight Lines	Fine Motor Skills : Lower Case Letter Formation Drawing People Cutting Around Straight Edge Shapes	Fine Motor Skills : Lower Case and Upper Case Letter Formation Drawing Objects from Observation Cutting Around Curved Edges
Years 1 and 2	Ball Skills Unit 2 : Developing Accuracy when Rolling, Dribbling, Kicking and Catching Fundamental Movement P.E Skills Unit 2 : Balancing, Running, Changing Direction, Jumping, Hopping and Skipping; Using a Range of Different Equipment Gymnastics Unit 2 : Jumping, Rolling, Travelling and Balancing;	Dance Unit 2 : Expressing an Idea, Mood, Character or Feeling Fitness Unit 2 : Explore and Develop Agility, Balance, Coordination, Speed and Stamina Sending and Receiving Unit 2 : Throwing and Catching, Rolling, Kicking, Tracking, Stopping with Different Sized Balls and Equipment	Net and Wall Games Unit 2 : Learning to Defend Space and Aiming Invasion Games Unit 2 : Sending, Receiving and Dribbling a Ball with Hands and Feet Athletics Unit 2 : Over Arm Throw for Distance, Jumping and Landing with Control Striking and Fielding Unit 2 : Throwing and Catching, Tracking and

	<p>Sequences including Levels and Directions</p> <p>Team Building Unit 2 : Learn to Discuss, Plan and Reflect on Ideas and Strategies</p>	<p>Target Games Unit 2 : Throwing, Rolling, Kicking and Striking at a Target</p>	<p>Retrieving a Ball and Begin to Self- Manage Small Sided Games</p>
<p>Years 3 and 4</p>	<p>Athletics Unit 2 : Sprinting and Jogging Techniques, Jumping for Distance, Throwing with Accuracy and Power</p> <p>Fundamental Movement P.E Skills Unit 2 : Balancing, Running, Changing Direction, Jumping, Hopping and Skipping; Change Direction Using Different Speeds</p> <p>Gymnastics Unit 2 : Travelling Actions and Inverted Movements to Explore Apparatus</p> <p>OAA Unit 2 : Further Develop Problem Solving Skills, Work Collaboratively to Solve, Reflect and Improve on Strategies, Develop Knowledge of Map Reading</p>	<p>Dance Unit 2 : Creating Characters and Narrative through Gesture</p> <p>Fitness Unit 2 : Balance when Changing Direction at Speed, Using Control to Improve Balance</p> <p>Tennis : Ready Position, Racket Control, Forehand and Backhand Ground Strokes, Scoring, Use Strategies and Tactics to Outplay the Opposition</p> <p>Tag Rugby : Keep Possession of the Ball Using Attacking Skills, Use Skills, Strategies and Tactics to Outplay the Opposition</p>	<p>Swimming Unit 2 : Travel, Float and Submerge with Increasing Confidence, Use Different Kicking and Arm Actions, Introduction to Some Personal Survival Skills and How to Stay Safe Around Water</p> <p>Basketball : Defending, Attacking, Throwing, Catching And Dribbling, Use Attacking Skills to Maintain Possession of the Ball, Use Skills, Strategies and Tactics to Outplay the Opposition</p> <p>Cricket : Strike the Ball, Scoring Runs, Fielding, Use Skills, Strategies And Tactics to Outplay the Opposition</p>
<p>Years 5 and 6</p>	<p>Netball: Work Collaboratively to Use Skills, Strategies and Tactics to Outplay the Opposition, Use Control and Fluency when Passing, Receiving and Shooting the Ball, Learn Key Rules of the Game such as Footwork, Held Ball, Contact and Obstruction</p>	<p>Dance Unit 2 : Choreographing own Dance Routines</p> <p>Fitness Unit 2 : Adapt Running Techniques for Different Distances</p> <p>Tennis : Forehand, Backhand, Volley and Underarm Serve, Tactical Awareness Including How to Play with a Partner and Against Another Pair</p>	<p>Athletics Unit 2 : Using the Best Technique for Throwing, Jumping and Running</p> <p>Handball : Throwing, Catching, Dribbling, Intercepting, Shooting and Develop Skills for Maintaining Possession of the Ball, To Create</p>

	<p>Dodgeball : Throwing, Dodging, Catching, Select and Apply Tactics to the Game to Outplay the Opponent</p> <p>Gymnastics Unit 2 : Compositional Principles, Variations in Level, Direction and Pathway</p> <p>Outdoor Adventurous Activities Unit 2 : Work Collaboratively in Pairs, Lead Small Groups to Create Strategies and Plans to Produce the Best Solution to a Challenge, Map Orientation and Navigation at Increasingly Faster Pace to Compete With Other Groups</p>	<p>Hockey : Dribbling, Sending and Receiving a Ball, Defending and Attacking</p>	<p>Scoring Opportunities in Attack and Defending Skills</p> <p>Rounders Unit 2 : Learn the Roles of Bowler, Backstop, Fielder and Batter, Work With a Partner and Group to Organise and Self-Manage their Own Games</p> <p>Volleyball : Ready Position, Ball Control, Sending a Ball Over a Net, Use Skills to Make the Game Difficult for their Opponent</p>
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