



CURRICULUM MAP FOR P.H.S.E.

Cycle A

Year Group	Autumn Term	Spring Term	Summer Term
EYFS	<p><u>Relationships</u> Playing in a Group Friendly Behaviour</p> <p><u>Self-Confidence and Self-Awareness</u> Becoming Independent and Self-Aware</p> <p><u>Managing Feelings and Behaviour</u> Being Aware of the Feelings of Ourselves and Others</p>	<p><u>Understanding the World</u> People and Events Special to Us</p> <p><u>Relationships</u> Making Friendships</p> <p><u>Self-Confidence and Self-Awareness</u> Speaking Out</p> <p><u>Managing Feelings and Behaviour</u> Basic Problem Solving</p>	<p><u>Physical Development</u> Staying Healthy</p> <p><u>Relationships</u> Collaborative Play</p> <p><u>Self-Confidence and Self-Awareness</u> Expressing Ourselves</p> <p><u>Managing Feelings and Behaviour</u> Rules and Consequences</p>
Years 1 and 2	<p><u>Families and Friendships</u> Roles of Different People in the Family and Feeling Cared for</p> <p><u>Safe Relationships</u> Recognising Privacy Asking Permission</p> <p><u>Respecting Ourselves and Others</u> How Behaviour Affects Others Being Polite and Respectful</p>	<p><u>Belonging to a Community</u> What Rules Are Caring for Others Looking After the Environment</p> <p><u>Money and Work</u> Strengths and Interests Jobs in the Community</p>	<p><u>Physical Health and Mental Wellbeing</u> Keeping Healthy Food and Exercise Sun Safety</p> <p><u>Growing and Changing</u> Recognising What Makes Us Unique and Special Managing When Things Go Wrong</p> <p><u>Keeping Safe</u></p>

			How Rules and Age Restrictions Help Us
Years 3 and 4	<p><u>Families and Friendships</u> What Makes a Family and Features of Family Life</p> <p><u>Safe Relationships</u> Personal Boundaries The Impact of Hurtful Behaviour</p> <p><u>Respecting Ourselves and Others</u> Recognising Respectful Behaviour The Importance of Self-Respect and Being Polite</p>	<p><u>Belonging to a Community</u> The Value of Rules and Laws Freedoms and Responsibilities</p> <p><u>Money and Work</u> Different Jobs and Stereotypes Setting Personal Goals</p>	<p><u>Physical Health and Mental Well-being</u> Healthy Choices and Habits What Affects Feelings</p> <p><u>Growing and Changing</u> Personal Strengths and Achievements Managing and Re-Framing Setbacks</p> <p><u>Keeping Safe</u> Risks and Hazards Safety in the Local Environment and Unfamiliar Places</p>
Years 5 and 6	<p><u>Families and Friendships</u> Managing Family Relationships, Friendships and Peer Influence</p> <p><u>Safe Relationships</u> Physical Contact and Feeling Safe</p> <p><u>Respecting Ourselves And Others</u> Responding Respectfully to a Wide Range of People Recognising Prejudice and Discrimination</p> <p><u>Growing and Changing</u> Puberty</p>	<p><u>Belonging to a Community</u> Protecting The Global Environment Compassion Towards Others</p> <p><u>Money and Work</u> Identifying Job Interests and Aspirations Diversity and Inclusion in the Workplace</p>	<p><u>Physical Health and Mental Well-being</u> Healthy Sleep Habits Medicines, Vaccinations, Immunisations and Allergies</p> <p><u>Growing and Changing</u> Personal Identity Mental Well-being</p> <p><u>Keeping Safe</u> Keeping Safe in Different Situations, Including Emergencies First Aid</p>

Cycle B

Year Group	Autumn Term	Spring Term	Summer Term
EYFS	<p><u>Relationships</u> Playing in a Group Friendly Behaviour</p> <p><u>Self-Confidence and Self-Awareness</u> Becoming Independent and Self-Aware</p> <p><u>Managing Feelings and Behaviour</u> Being Aware of the Feelings of Ourselves and Others</p>	<p><u>Understanding the World</u> People and Events Special to Us</p> <p><u>Relationships</u> Making Friendships</p> <p><u>Self-Confidence and Self-Awareness</u> Speaking Out</p> <p><u>Managing Feelings and Behaviour</u> Basic Problem Solving</p>	<p><u>Physical Development</u> Staying Healthy</p> <p><u>Relationships</u> Collaborative Play</p> <p><u>Self-Confidence and Self-Awareness</u> Expressing Ourselves</p> <p><u>Managing Feelings and Behaviour</u> Rules and Consequences</p>
Years 1 and 2	<p><u>Families and Friendships</u> Making Friends Feeling Lonely and Getting Help</p> <p><u>Safe Relationships</u> Managing Secrets Recognising Hurtful Behaviour</p> <p><u>Respecting Ourselves and Others</u> Playing and Working Cooperatively Other Points of View</p>	<p><u>Belonging to a Community</u> Belonging to a Group Being the Same and Different in the Community</p> <p><u>Money and Work</u> What Money is and Looking After It Needs and Wants</p>	<p><u>Physical Health and Mental Well-being</u> Why Sleep is Important Medicines and Keeping Healthy Keeping Teeth Healthy Managing Feelings and Asking for Help</p> <p><u>Growing And Changing</u> Growing Older and Moving Class Naming Body Parts</p> <p><u>Keeping Safe</u> Safety in Different Environments Safety at Home Emergencies</p>
Years 3 and 4	<p><u>Families and Friendships</u> Positive Friendships</p>	<p><u>Belonging to a Community</u> What Makes a Community Shared Responsibilities</p>	<p><u>Physical Health and Mental Well-being</u> Maintaining a Balanced Lifestyle and Making Healthy Choices</p>

	<p><u>Safe Relationships</u> Responding to Hurtful Behaviour Managing Confidentiality Recognising Risks</p> <p><u>Respecting Ourselves and Others</u> Respecting Differences and Similarities Discussing Difference Sensitively</p>	<p><u>Money and Work</u> Making Decisions About Money Using and Keeping Money Safe</p>	<p><u>Growing and Changing</u> Personal Hygiene Routines Physical and Emotional Changes</p> <p><u>Keeping Safe</u> Medicines and Household Products Drugs</p>
<p>Years 5 and 6</p>	<p><u>Families and Friendships</u> Attraction to Others Civil Partnerships and Marriage</p> <p><u>Safe Relationships</u> Recognising and Managing Pressure from Others</p> <p><u>Respecting Ourselves and Others</u> Expressing Opinions and Respecting Other Points of View including Discussing Topical Issues</p> <p><u>Growing And Changing</u> Puberty</p>	<p><u>Belonging to a Community</u> Valuing Diversity Challenging Discrimination and Stereotypes</p> <p><u>Money and Work</u> Influences and Attitudes to Money Financial Risks</p>	<p><u>Physical Health and Mental Well-being</u> What Affects Mental and Physical Health and Ways to Take Care of It Managing Change, Loss and Bereavement</p> <p><u>Growing And Changing</u> Managing Transition and Increasing Independence</p> <p><u>Growing and Changing</u> Increasing Independence Human Reproduction and Birth</p> <p><u>Keeping Safe</u> Keeping Personal Information Safe Regulations and Choices Drug Use and The Law</p>

Throughout both cycles, pupils will cover the following elements in online safety lessons which take place once each half-term:

Media Literacy and Digital Resilience

Using the internet and digital devices; communicating online. The internet in everyday life; online content and information.

Consent is taught through every-day life in school as well as specific lessons.