



THE
ROBERT DRAKE
PRIMARY SCHOOL

CURRICULUM PROGRESSION FOR PERSONAL, SOCIAL AND HEALTH EDUCATION, INCLUDING RELATIONSHIPS AND SEXUAL EDUCATION

EYFS	→ YEARS 1 and 2	→ YEARS 3 and 4	→ YEARS 5 and 6
<p><i>The relationships curriculum spans the whole year using the Development Matters statements which are integral to all learning every day.</i></p> <p><u>Theme: Relationships</u></p> <p>Children will begin to learn:</p> <ul style="list-style-type: none"> - to initiate conversations, attend to and take account of what others say; - to explain their own knowledge and understanding and ask appropriate questions of others; - to take steps to resolve conflicts with other children, e.g. finding a compromise; - to be confident to speak to others about their own needs, wants, interests and opinions; - to describe themselves in positive terms and talk about their abilities; 	<p><u>Theme: Relationships</u></p> <p>Pupils will learn about:</p> <ul style="list-style-type: none"> - the roles of different people, families and feeling cared for; - recognising privacy, staying safe and seeking permission; - how behaviour affects others; - how to be polite and respectful; - making friends, feeling lonely and getting help; - managing secrets, resisting pressure and getting help and recognising hurtful behaviour; - recognising things in common and differences, playing and working cooperatively and sharing opinions. 	<p><u>Theme: Relationships</u></p> <p>Pupils will develop their understanding of:</p> <ul style="list-style-type: none"> - what makes a family and the features of family life; - personal boundaries, safely responding to others and the impact of hurtful behaviour; - recognising respectful behaviour, the importance of self-respect, courtesy and being polite - positive friendships, including online; - responding to hurtful behaviour, managing confidentiality, recognising risks online; - respecting differences and similarities; - discussing difference sensitively. 	<p><u>Theme: Relationships</u></p> <p>Pupils will build upon and extend their prior learning of:</p> <ul style="list-style-type: none"> - managing friendships and peer influence; - physical contact and feeling safe; - responding respectfully to a wide range of people; - recognising prejudice and discrimination; - physical and emotional changes in puberty, including external genitalia, personal hygiene routines and support with puberty (from Year 5); - attraction to others, romantic relationships, civil partnership and marriage; - recognising and managing pressure; - consent in different situations.

- to understand that their own actions affect other people;
- to be aware of the boundaries set, and of behavioural expectations in the setting;
- to begin to be able to negotiate and solve problems without aggression, e.g. when someone has taken their toy.

Theme: Living in the Wider World

Children will begin to learn:

- to show interest in the lives of people who are familiar to them;
- to recognise and describe special times or events for family or friends;
- to show interest in different occupations and ways of life;
- to know some of the things that make them unique, and talk about some of the similarities and differences in relation to their friends or family;
- to comment and ask questions about aspects of their familiar world such as the place where they live or the natural world;
- to show care and concern for living things and the environment.

Theme: Living in the Wider World

Pupils will learn about:

- what rules are, caring for others' needs and looking after the environment;
- using the internet and digital devices;
- communicating online;
- the internet in everyday life and online content and information.
- strengths and interests;
- jobs in the community;
- belonging to a group, roles and responsibilities;
- being the same and different in the community;
- what money is, needs and wants and ways of looking after money.

Theme: Health and Wellbeing

Pupils will learn about:

- keeping healthy, food and exercise, hygiene routines and sun safety;
- recognising what makes them unique and special;

Theme: Living in the Wider World

Pupils will develop their understanding of:

- the value of rules and laws;
- rights, freedoms and responsibilities;
- how the internet is used and assessing information online;
- how data is shared and used;
- different jobs and skills as well as job stereotypes;
- setting personal goals;
- what makes a community;
- shared responsibilities;
- making decisions about money;
- using and keeping money safe.

Theme: Health and Wellbeing

Pupils will develop their understanding of:

- health choices and habits;
- what affects feelings and expressing feelings;
- personal strengths and achievements;

Theme: Living in the Wider World

Pupils will build upon and extend their prior learning of:

- expressing opinions and respecting other points of view, including discussing topical issues;
- protecting the environment;
- compassion towards others;
- how information online is targeted and different media sources, their role and impact;
- evaluating media sources;
- sharing things online;
- identifying job interests and aspirations, what influences career choices and workplace stereotypes;
- valuing diversity, challenging discrimination and stereotypes;
- Influences and attitudes to money and financial risks.

Theme: Health and Wellbeing

Pupils will build upon and extend their prior learning of:

- healthy sleep habits, sun safety, medicines,

<p><u>Theme: Health and Wellbeing</u></p> <p>Children will begin to learn:</p> <ul style="list-style-type: none"> - to observe the effects of activity on their bodies; - to usually manage washing and drying of their hands; - to eat a healthy range of foodstuffs and understand the need for variety in food; - to show some understanding of good practices and how they can contribute to good health with regards to exercise, eating, sleeping and hygiene; - to talk about how they and others show feelings. <p><i>Development Matters statements below are included in every day learning</i></p> <p>Relationships</p> <p>Children will learn:</p> <ul style="list-style-type: none"> - to play in a group, extending and elaborating play ideas; - to initiate play, offering cues to peers to join them; - to keep play going by responding to what others are saying or doing; - to demonstrate friendly behaviour, initiating 	<ul style="list-style-type: none"> - managing feelings, including when things go wrong; - how rules and age restrictions help us; - keeping safe online; - why sleep is important, medicines and keeping healthy, keeping teeth healthy, and asking for help; - growing older, naming body parts, moving class or year; - safety in different environments, including risk and safety at home; - emergencies. 	<ul style="list-style-type: none"> - managing and reframing setbacks; - risks and hazards, including safety in the local environment and unfamiliar places; - maintaining a balanced lifestyle; - oral hygiene and dental care; - medicines and household products and drugs common to everyday life. 	<p>vaccinations, immunisations and allergies;</p> <ul style="list-style-type: none"> - personal identity, including recognising individuality and different qualities; - mental wellbeing; - keeping safe in different situations, including responding in emergencies and basic first aid; - what affects mental health and ways to take care of it; - managing change, loss and bereavement; - managing time online; - human reproduction and birth; - increasing independence and managing transitions; - keeping personal information safe, regulations and choices; - drug use and the law; - drug use and the media.
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conversations and forming good relationships with peers and familiar adults.

Self Confidence and Self Awareness

Children will learn:

- to select and use activities and resources with help;
- to welcome and value praise for what they have done;
- to enjoy responsibility of carrying out small tasks;
- to become more outgoing towards unfamiliar people and more confident in new social situations;
- to be confident to talk to other children when playing and communicate freely about their own home and community;
- to show confidence in asking adults for help.

Managing Feelings and Behaviour

Children will learn:

- to be aware of their own feelings and know that some actions and words can hurt others' feelings;

<ul style="list-style-type: none">- to begin to accept the needs of others and can take turns and share resources, sometimes with support from others;- to usually tolerate delay when their needs are not immediately met and understand their wishes may not always be met;- to usually adapt behaviour to different events, social situations and changes in routine.			
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